



Thank you for your interest in sharing your story on the [Fulbright Scholar Blog](#). The blog is a great way to showcase the impact of the Fulbright on communities, scholars, families, careers and home/host institutions.

Blog posts are generally 500 words. Please also include 2-3 high resolution photos of your Fulbright in action (pictures of research/teaching, interactions with students, colleagues and community members).

Please consider *one* of the following themes while composing your blog post:

- **The impact of Fulbright:** What are the personal and professional outcomes of your Fulbright? How has your Fulbright experience changed the way you view the world, and how you teach/conduct research? Describe 1-2 specific moments from your Fulbright that changed your perspective in a positive manner?
- **Applying for a Fulbright award:** How did you learn about Fulbright and what interested you in applying for a Fulbright Scholar award? How did you choose what country and award to apply for? What helpful resources and tips would you like to share with future applicants?
- **Living and working abroad:** How did you adjust to working with international colleagues? What were some of the challenges of living abroad and how did you overcome them? What was the most unexpected outcome of living abroad? Describe how you got involved in the local community and what you learned from personal interactions with colleagues, students, and community members.
- **Creating institutional linkages:** What kinds of collaborations did you create or take part in during your Fulbright? Do you continue to collaborate with your host institution after you Fulbright? Have faculty, administrators or students from your home institution connected with your host institutions? How did your Fulbright create or build upon these institutional linkages?
- **Fulbright and your family:** If you brought your family on your Fulbright, or if they visited during your Fulbright, how did the Fulbright experience impact them? How did Fulbright change the way your family views and interacts with the world? How did you take advantage of the opportunity to live abroad and overcome some of the challenges? What helpful tips would you like to share with future Fulbright Scholars?
- **Overcoming obstacles:** What types of fears and obstacles did you overcome in order to apply for and complete your Fulbright? How did you overcome them? What advice can you give other applicants who might be in a similar situation?
- **Fulbright-friendly policies:** If you are a Fulbright Scholar Liaison or administrator, what are the policies in place that encourage your faculty and staff to apply for a Fulbright Scholar award? How these policies created and what were the results? Share helpful resources and tips that other institutions can use to encourage internationalization.

When writing your blog post, **please include:**

- Your Fulbright grant information: host country; host institution; teaching, research or teaching/research grant; award name (ex: Global Scholar award, Fulbright-Schuman award)
- Project information (your discipline, title of your research project, information on class that you taught)

#### Submission Instructions:

- Please submit your blog post in a Word Document, with no special formatting, via email to [socialmedia@fulbrightmail.org](mailto:socialmedia@fulbrightmail.org).
- If your photos are too large to send via e-mail, please upload them to <http://fulbright.netx.net/uploads/> (be sure to include #scholarblog in the caption box)

**By submitting your blog post, you are granting the Fulbright Scholar Program and the State Department's Bureau of Educational and Cultural Affairs (ECA) permission to freely edit and use your writing/photos to share on Fulbright Program websites and social media outlets.**

\*Please note: we receive many blog post submissions and all content must be reviewed and approved by the Fulbright Program. We are not able to guarantee that blog post submissions will be published.