

FULBRIGHT



A M B A S S A D O R



Senator J. William Fulbright (1905-1995)



“International education exchange is the most significant current project designed to continue the process of humanizing mankind to the point, we would hope, that nations can learn to live in peace.”

- Established 1946
- Sends U.S. academics and professionals overseas and brings scholars and professionals from abroad to the U.S.
- Sponsored by U.S. Department of State’s Bureau of Educational and Cultural Affairs
- Administered by the Institute of International Education’s Council for International Exchange of Scholars (CIES)





John P. Allegrante

- Professor of Health Education & Director of the Institute for Global Engagement
- Columbia University, New York
- Health Education and Public Health

Fulbright Specialist 2005 Iceland
Fulbright Scholar 2007 Iceland



- Professor of Public Health
- Reykjavik University
- Health Behavior and Academic Achievement in Icelandic School Children





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Why I Chose to Apply

- **Professional Development:** Opportunity to develop a new research collaboration in a different cultural context
- **Exposure to Different Culture and People:** Chance to gain deep understanding of another culture and what we can learn from it and its people by living in the country
- **Make a Difference:** Opportunity to contribute to the development of a fledgling private university in the host country as well as bring new insights back to my own institution
- **Prestige:** Recognition of my own scholarship and the opportunity to be a cultural ambassador for American public
- **Rewarding Sabbatical Experience:** Provided an intellectually challenging activity that coincided with sabbatical schedule





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Health Behavior and Academic Achievement in Icelandic School Children

Lecture: Taught several modules in public health education

Research: Launched a collaborative program of research on the health of children and adolescents

Seminar: Conducted seminars on curriculum and faculty development and how to organize multidisciplinary research



Institutional Collaboration: Developed MOU with Columbia University Teachers College to support exchanges of scholars and students





Visit John Allegrante's [Ambassador Page](#)
and view his [Scholar Story](#)



Professional and Personal Outcomes

Expanded Curriculum: Included a new geo-cultural aspect to my lectures, involving extensive cultural highlights from Iceland and my research there.

Networking: Met new colleagues and further developed relationships with peers in and outside my field. Currently continuing collaboration on the development of a new *LIFE COURSE—Iceland* research project.

Flexibility: Living and working in a different environment and culture has enhanced my understanding of that part of the world and of my own country.

Rewarding Experience: Satisfaction in knowing I was able to contribute to the development of my host institution.





Institutional Impact

Curriculum Development: Incorporated more international content into existing courses. Shared newly developed insights and expertise with relevant departments.

Study Abroad: Advocated for study abroad programs. Informally reviewed and met with students interested in going abroad. Became the Fulbright Program Advisor and Campus Representative at my institution.

Enhance International Engagement: Invited my counterpart to visit our campus, where she is now a regular visitor. Used the Occasional Lecturer Fund to invite Fulbright Visiting Scholars to campus. Continue to encourage faculty colleagues to engage in international exchanges, including Fulbright.

Spokesperson for International Dialogue: Raised awareness about the issues between the U.S. and Host Country





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U.S. SCHOLAR Programs offer U.S. faculty, administrators and professionals grants to lecture, conduct research in a wide variety of academic and professional fields, or to participate in seminars.

NON-U.S. SCHOLAR Programs support the research and teaching of scholars visiting colleges and universities in the United States. These programs offer joint collaborative opportunities with U.S. Scholars.

Opportunities for U.S. INSTITUTIONS allow campuses to host Fulbright Visiting Scholars and professionals from abroad to lecture at U.S. colleges and universities.

www.cies.org



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Other Fulbright Programs

Fulbright U.S. Student Program: For recent graduates, postgraduate candidates up through dissertation level and developing professionals and artists to study and research abroad

Fulbright Teacher Exchange Programs: Principally for primary- and secondary- level educators

Fulbright-Hays Awards: For faculty research, group projects and seminars abroad in certain social sciences and humanities fields

Learn more about IIE programs:
www.iie.org

